City of Falls Church Recreation and Parks Division

SUMMER CAMPS













2010



223 Little Falls Street Falls Church, VA 22046 703-248-5077 TTY 711 www.fallschurchva.gov

Registration for City of Falls Church residents begins Monday, February 8

Registration for non-City residents begins Tuesday, February 16

WALK-IN: At the Falls Church Community Center, 223 Little Falls Street. We accept checks, exact cash, credit, and debit cards.

ONLINE: Online registration can be found on the internet by going to www.fallschurchva.gov and clicking on the Falls Church Recreation and Parks Division Online Registration logo. Full payment is required at the time of registration and you must use a credit card (American Express, Discover, Master Card, or Visa). If you plan to register online and have not used Webtrac, our online registration program before, please call our office at (703) 248-5077 in advance for your username.

MAIL-IN: Registrations are processed the first day of registration. Complete the Household Registration Form (located below), include payment and mail to:

Falls Church Recreation & Parks Division 223 Little Street, Falls Church, VA 22046

PHONE-IN: Phone-in registration starts on the second day of registration, February 9 and February 17. Phone-in registration with credit cards only to (703) 248-5077.

Note: In-person registration takes priority over mail and phone-in. No applications will be processed prior to the beginning registration dates. Registrations received prior to these dates will be held and included with the mail received on the first day of registration. There is limited enrollment for all camps.

CHARGE IT! We accept Visa, MasterCard, American Express, and Discover. Checks should be made payable to the "City of Falls Church."

FEES: Payment must accompany registration.

FINANCIAL AID: Financial aid is available for City of Falls Church residents only. Forms are available in the main office or call 703-248-5077 for more information.

REFUND POLICY: The Recreation and Parks Department refund policy can be found on page 15.

CANCELLATION POLICY: The City of Falls Church Recreation and Parks Division reserves the right to cancel camps and programs for which there is insufficient registration.

REGISTER EARLY: All camps are filled on a first come, first serve basis. **Register early to prevent cancellations!**

				negister ea	arry to prevent cancen	ations:	
		Hou	sehold Regis	tration F	<u>orm</u>		
Primary Household Last Name: First Name:							
Address:							
City:				_ State:		Zip:	
Home Phone Number	er: () _			Work Phon	e Number: () _		
Emergency Contact	and Phone I	Number:					
Email:							
() Special Assista Please Explain:							
I understand that there remedical doctor before I of in the program(s) noted a child hereby waive and reclaims for illness or injury. Participant Sign Check (Payang Credit Card Credit Card Numb Card Holder Signal	or my child parabove. I under elease the Cit y directly resunature: (Signal able to "Ci — circle: Ver:	rticipates in this perstand that the Coy of Falls Church liting from my parature of parentative of Falls Covisa, Master	program. I and my Dity of Falls Church its agents, office rticipation in this program if unde Method o Church") Card, America	child agree to makes no re rs and employ ogram. r 18) f Paymer n Express	o assume all risks of illrepresentations as to the presentations are presented by the presentations as the presentations are presented by the presentations as the presentation as the presentation are presented by the presentations are presented by the presentation as the presentation are presented by the presentation are presented by the presentation as the presentation are presented by the presentation are presented by the presentation as the presentation are presented by the presentation as the presentation are presented by the presentation as the presentation are presented by the presentation are presented by the presentation as the presentation are presented by the	ness or injury resulting safety of this program gram instructor, from a	from participation for me. I and my nd against all
Participant Name	Male/ Female	Date of Birth	Activity Registration #	Section #	Activity Name	Waiver Initial	Activity Fee
	remale		negistration#			IIIIuai	
Please read class infor	mation care	fully.				•	•
Make checks payable to	o City of Fa	lls Church.				TOTAL	

Summer Fun & Swimming

Summer Fun Playground Program

Rising 1st - 6th graders

The Falls Church Recreation and Parks Division is offering a traditional playground program for rising first through rising sixth graders. Children will enjoy a fun-filled summer including sports, afternoon swimming, arts and crafts, games, special events and field trips. Time is also available for unstructured play. Each week's activities are centered around a theme. The camp runs Monday through Friday, 9am-3pm. Camp is located at Cherry Hill Park and the Gage House. A policy manual will be mailed to all participants. Space is limited, so sign-up early!

Weekly:

Resident (R): \$130/session
Non-Resident (NR): \$140/session

Entire Summer: Resident (R): \$525

Non-Resident (NR): \$625

385002-A

Weekly Sessions:		385001-D	July 12 - 16
385001-A 385001-B	June 21 - 25 June 28 - July 2	385001-E 385001-F	July 19 - 23 July 26 - 30
385001-C	July 6 - 9	385001-G	Aug. 2 - 6
(No camp July 5)		385001-H	Aug. 9 - 13

Extended Care:

389993-A, B, C, D, E, F, G, H 7-9am \$28/session 389994-A, B, C, D, E, F, G, H 3-6pm \$38/session

Swimming Lessons Ages 6 months - 11 years

Learn to swim with swimming lessons held at Park Towers, 200 N Maple Avenue, Falls Church, VA 22046. Certified Water Safety Instructors will provide instruction on the basic strokes and water safety. Classes will be held during rain. In the event of lightning, we will reschedule the class.

Please note: Summer Fun Program participants will be escorted to and from swimming lessons. Sessions are two weeks long. There is no extended care for swim lessons.

Session A	,	Session E	July 19 - 30
Session C		Session G	August 2 - 13
Fees: R	esident: \$90/session (Session C is \$81)	Non-Resident:	\$100/session (Session C is \$91)

Beginner Swimming

Ages 6-11 are welcome! Swimmers will learn the fundamentals of water safety like self help and basic rescue skills. They will also begin to develop locomotion skills. No experience is necessary! **Transportation is not provided!**

When:

385108-A	June 21 - July 2	11:45am-12:15pm
385108-C	July 6 - 16	11:45am-12:15pm
385109-E	July 19 - 30	9:30-10am
385108-E	July 19 - 30	11:45am-12:15pm
385108-G	August 2 - 13	11:45am-12:15pm

Advanced Swim

Swimmers ages 6 -11 will learn to swim under water and surface dive. They will learn how to tread and back float for one minute. Swimmers will also be able to front and back crawl for 25 yards. **Transportation is not provided!**

When:

385112-A	June 21 - July 2	10:15-10:45am
385112-C	July 6 - 16	10:15-10:45am
385112-E	July 19 - 30	10:15-10:45am
385112-G	August 2 - 13	10:15-10:45am

Intermediate Swim

Swimmers ages 6-11 will start developing their swimming strokes such as the front and back crawl. They will be introduced to the butterfly kick. They will work on treading water and basic water safety skills. **Transportation is not provided!**

When:

385110-A	June 21 - July 2	11:45am-12:15pm
385110-C	July 6 - 16	11:45am-12:15pm
385111-E	July 19 - 30	9:30-10am
385110-E	July 19 - 30	11:45am-12:15pm
385111-G	August 2 - 13	10:15-10:45am
385110-G	August 2 - 13	11:45am-12:15pm

"Mommy and Me" Swim

New swimmers ages 6 mos. - 3 years and their parents will learn to get acclimated to water and learn to swim in a fun and safe environment. Parents must accompany children into the water. **Transportation is not provided!**

When:

385106-A	June 21 - July 2	10:15-10:45am
385106-C	July 6 - 16	10:15-10:45am
385106-E	July 19 - 30	10:15-10:45am

Free Swim will be offered throughout the summer. The cost for free swim is \$2 per person. Please check with us for dates and times!

^{*} The Summer Fun Playground Program goes on weekly field trips. Field trips have an additional fee typically between \$10-\$15. On field trip days, there is no camp program for children who are not registered for the field trip. Field trip details will become available on May 1, 2010.

Preschool Camps & Swim

Abrakadoodle Summer Art Camp Ages 3-6

Really Big, Gigantic and Teeny Tiny Art

Activity #: 382008-B June 28-July 2

It's all about scale in this creative camp as kids create art that challenges dimensions – from enormous to miniature. Our creative ideas flow as we make both a gigantic sculpture and small sculptures using recycled products. We'll be making a mural, tiny paintings and more. We're not a teeny, tiny bit shy about saying that this camp promises big, gigantic, huge, and rewarding FUN!

Beach Party

Activity #: 382008-E July 19-23

Get ready for some wet and sandy fun! Design your own sun visor, move to the party music and create some incredible underwater art! Learn about the world-famous sidewalk chalk artist Julian Beevers while we create unique sidewalk designs. There will be an Obsta-COOL course, spray bottle painting, sand and shell designs, beach party day and more fun on the run.

Going Green

Activity #: 382008-G August 2-6

Green kids care about the environment and we do, too, at Abrakadoodle! Our Green Kids create French Santon statues inspired by peasants from the Provence region of France. They'll produce CD art in the style of Piet Mondrian, Chilean Rain Sticks and Tiffany Lamp sculptures all while learning about fine artists such as Renoir, Gustav Klimt and Georges Braque. Each work of art is a masterpiece made with recycled materials that both decorate our world *and* help to keep our environment clean! We use many, many colors but our emphasis is on GREEN!

Once Upon a Time

Activity #: 382008-H August 9-13

Calling all Lords and Ladies! Enter the enchanted kingdom of Abrakadoodle Land filled with castles, dragons, fairies and stories of magic and surprise! We'll create royalty gear, design castles and sprinkle fairy dust to create colorful and whimsical art. We'll learn about medieval life through the "Book of Hours" by the Limbourg Brothers and create fairies like the designs of Patience Brewster. We'll even make a royal Faberge Egg! You'll get the regal treatment in this exciting camp.

Pirate Island

Activity #: 382008-I

August 16-20

Ahoy all Pirate Island Buccaneers! Come aboard to create all things that a Pirate needs...pirate ships, colorful parrots, treasure maps, sea monsters, ship flags, doubloon necklaces, treasure chests and more! Our buccaneers will explore cartooning, origami, sand painting, sculpture, cartography, and much more using a variety of Artist tools. Arrrgh! (If you have taken Pirate Island Camp in the past... this camp will be all NEW lessons!).

Time: 9am-12 noon **Fees:** R: \$190/ NR: \$200

Location: George Mason High School

AM Extended Care: 389991-B, E, G, H, I 7-9am \$33 PM Extended care is not available for this camp.

Preschool Swim Ages 3-5

Children will learn to swim in a fun and safe environment. Parents must accompany children and be prepared to get into water if necessary. **Extended care is not available for this camp.**

Transportation is not provided!

When:

385100-	A	June 21-July 2	9:30-10am
385114-	Α	June 21-July 2	11-11:30am
385100-	С	July 6-16*	9:30-10am
385114-	С	July 6-16*	11-11:30am
385114-	E	July 19-30	11-11:30am
385100-	G	August 2-13	9:30-10am
385114-	G	August 2-13	11-11:30am
Fees:	R: \$90/	NR: \$100	(Session C: R: \$81/ NR: \$91)

Location: Park Towers Pool, 200 N. Maple Avenue

* No camp July 5

Preschool Science Camps Ages 4-6

These camps are full of "hands on" activities that will engage and excite your young preschooler. Students will have the opportunity to participate in experiments, inquire about the world around them, and display their creativity. Whether your child is interested in nature, helping in the kitchen, or using new tools, they will be sure to enjoy one of these weeks. Each day will also include group activities, snack time, and play time with new friends.

Extended Care is not available for this camp.

When:

382011-A1	Wild Weather	June 7-11
382011-A2	Cooking Kids	June 14-18
382011-A	Lights & Shadows	June 21-25
382011-B	Magnets and Magnifiers	June 28-July 2
382011-C	Sand Explorations	July 6-9*
382011-H	Creative Constructions	August 9-13

*No camp July 5

Time: 1pm-4pm Fees: R: \$150 / NR: \$160 (Session C: R: \$120 / NR: \$130)

Instructor: Alison Collins

Location: Falls Church Community Center Preschool Room

Theme Weeks Summer Camp Ages 4-6

This is a weekly, topic based, creativity class. You may choose to have your child attend any or all of them. We'll revolve our activities around multidimensional creative art projects. Your child will be encouraged to expand on his or her observations of what the summer season offers. We'll provide your child with different art mediums to let loose his or her imagination on. We'll connect the topic of the week to the books we read, to music and play time. We'll enjoy a snack and maybe some quiet time too! Each child will get to take home his or her creative project at the end of each week. Children must be potty trained.

Extended Care is not available for this camp.

When:

382010-D	Foam Dough Creations	July 12-16
382010-E	Wood Creations	July 19-23
382010-F	Shells, Spangles & more	July 26-30
382010-G	Fabric Creations	August 2-6

Time: 1-4pm

Fees: R: \$150/ NR: \$160 Instructor: Sue John

Location: Falls Church Community Center Preschool Room

Dance & Theater Camps

Tiny Dancers Ages 3-5

Enchanted Castles Camp

June 21-25

Activity # 380215-A

1-3pm

Come to the world of magic wands, enchanted spells and royal balls as we dance our way through classic cherished stories. Each day includes a snack and theme related craft as well as instruction in ballet. Join us on the last day of camp for a recital with family and friends.

Tutus and Tiaras Camp

July 19-23

Activity # 380220-E

10am-12 noon 38330

Our favorite ballerinas join with our most loved princesses for a week filled with sparkle and delight. Each day a new story will be read and performed, and a snack and theme related craft will be offered. Join us on the last day of camp for a recital with friends and family.

Princess Dreams Camp

August 16-20 10am-12 noon

Activity #: 380219-I 10am-12 noon
All of our beloved princesses will dance the day away with
Cinderella, Sleeping Beauty and friends as we learn ballet. Each
day a new princess story will be explored through movement and
a snack and theme related craft will be offered. Join us on the last
day of camp for a recital with friends and family.

Fees: R: \$200/ NR: \$210

Location: Falls Church Community Center Dance Studio

Extended care is not available for this camp.

Dream in Color Summer Dance Camp Ages 4-14

The Dream in Color Dance Camp provides students training in Jazz, Hip Hop, Tap and Ballet. Students will experience daily technique and choreography classes. Students in the full day program should bring a bag lunch including a drink and an additional water bottle for use throughout the day. All sessions will end with a Dance Camp Performance. Ballet or Jazz shoes, sneakers and tap shoes are preferred but not required.

Location: Falls Church Community Center Dance Studio

Full Dav:

383309-C Ages 6-8 July 6-9* **383309-D** Ages 9-10 July 12-16 **383309-E** Ages 11-14 July 19-23

Time: 9am-3pm

Fees: R: \$230/ NR: \$240 (session C is R: \$185/NR: \$195)

AM Extended Care: 389993- C, D, E 7-9am \$28
PM Extended Care: 389994- C, D, E 3-6pm \$38
Extended Care Location: Falls Church Community Center

Half Day:

383308-B Ages 4-5 June 28-July 2 **383308-F** Ages 4-5 July 26-30 **383308-G** Ages 4-5 August 2-6

Time: 9am-12 noon **Fees:** R: \$180/ NR: \$190

Extended care is not available for the half day camp.

Theater Arts Camp Ages 8-15

Instructors invite families to view campers' performances. Performance times will be announced. Registration closes the Friday before the start of each session.

Radio Drama and Acting Bootcamp

Activity #: 382101-F

July 26-30

Campers will produce original "live radio" dramatic shows using professional sound equipment. Students will collectively write their own scripts, either from their imaginations or by adapting favorite published works such as short stories. Emphasis will be placed on producing dialogue, "live" sound effects, building a compelling dramatic story, and effective use of their voices to portray vivid and interesting characterizations. They will learn, by experience, the interdependent roles of writer, director, actor, designer, and technician. Students who have previously taken this camp are still encouraged to register again as they will continue learning new concepts and techniques.

Fundamentals of Improvisation and Physical Comedy

Activity #: 382101-G

August 2-6

Through a series of games and exercises, campers learn the basic techniques to improvise scenes and dialogue and to perform sketch comedy "on their feet." Awkward self-consciousness is replaced by confident self-awareness. Students learn to give and receive respect in an atmosphere of mutual support, acceptance, and cooperation. The Physical Comedy component stresses safety and the "physical trust" actors achieve in order to "sell the illusion" of conflict. Students learn aspects of "slapstick" comedy and Commedia del' Arte. Students who have previously taken this camp are still encouraged to register again as they will continue learning new concepts and techniques.

Sketch Comedy and Performance

Activity #: 382101-H

August 9-13

Campers use improvisational skills to develop original "sketch comedy" in the tradition of "Saturday Night Live" and "Second City." Emphasis is placed on inventing interesting short narratives. Techniques in stagecraft, such as control of the audience's focus, the elements of interesting staging, supportive ensemble, and creative use of one's voice are developed.

Times: 9am-3pm Fees: R: \$225 / NR: \$235 Location: Mary Ellen Henderson Middle School

AM Extended Care: 389991-F, G, H 7-9am \$33

PM Extended Care: 389992-F, G, H 3-6pm \$43

Extended Care Location: Falls Church Community Center

Art & History Camps

July 6-9*

Abrakadoodle Art Camp Ages 6-12

Really Big, Gigantic and Teeny Tiny Art

Activity #: 382007-B June 28-July 2

It's all about scale in this creative camp as kids create art that challenges dimensions – from enormous to miniature. Our creative ideas flow as we make both a gigantic sculpture and small sculptures using recycled products. We'll be making mural, tiny paintings and more. We're not a teeny, tiny bit shy about saying that this camp promises big, gigantic, huge, and rewarding FUN!

Portfolio Kids - Time Machine

Activity #: 382007-C

Exploring art through time is the focus of this special Portfolio Kids session. Students create a unique portfolio to hold their masterpieces as we study art through the ages from cave paintings, Egyptian and Greek art, masters of the Renaissance and the Impressionist Era and Pop Art to arrive in the 21st century with digital art. Artists such as Monet and Peter Max will be discussed as well as appropriate vocabulary.

*No camp July 5.

Beach Party

Activity #: 382007-E July 19-23

Get ready for some wet and sandy fun! Design your own sun visor, move to the party music and create some incredible underwater art! Learn about the world-famous sidewalk chalk artist Julian Beevers while we create unique sidewalk designs. There will be an Obsta-COOL course, spray bottle painting, sand and shell designs, beach party day and more fun on the run.

Once Upon a Time

Activity #: 382007-H August 9-13

Calling all Lords and Ladies! Enter the enchanted kingdom of Abrakadoodle Land filled with castles, dragons, fairies and stories of magic and surprise! We'll create royalty gear, design castles and sprinkle fairy dust to create colorful and whimsical art. We'll learn about medieval life through the "Book of Hours" by the Limbourg Brothers and create fairies like the designs of Patience Brewster. We'll even make a royal Faberge Egg! You'll get the regal treatment in this exciting camp.

Dramatic Doodlers

Activity #: 382007-I August 16-20

Abrakadoodle and the C.A.R.E Actor team up to bring you this amazing camp! With Theatre games and daily Art projects, children will experience how the two art forms go hand-in-hand. Kids will learn theatre techniques such as character development and script writing, and Fine Art techniques that tie in to costume and set design. Their work will culminate into a final production written by the students and performed on the last day of camp along with a student art show.

Time: 9am-3pm

Fees: R: \$285 / NR: \$295 (Session C is R: \$228 / NR: \$238)

Location: George Mason High School

AM Extended Care: 389991– B, C, E, H, I 7-9am \$33

PM Extended Care: 389992– B, C, E, H, I 3-6pm \$43

Extended Care Location: Falls Church Community Center

Young Rembrandts Art Camp Ages 3-12

Different themes each session!

Junior Rembrandts Preschool Fun With Drawing

Activity #382013-J

August 23-27

Young students are so eager to learn, and a joy to teach. Young Rembrandts instructors provide a nurturing and strong learning environment that expands preschoolers' image vocabulary as the draw familiar images such as fish, teddy bears, rainbows and cowboys. We'll concentrate on the skills of drawing and coloring while we develop fine motor skills, focus, listening, staying on task, patience and spatial organization.

Ages: 3-5 **Time**: 9:30-10:30am **Fees**: R: \$75 / NR: \$85

Fun With Drawing Elementary Camp

Activity #382014-J

August 23-27

This is designed to teach basic to advanced drawing skills, art techniques and vocabulary. We believe that drawing is the bedrock skill required for future artistic success. We give them skills to express their creativity. We provide all materials and teach in a positive and nurturing environment, which brings out the best in each child. You'll see increased art abilities, learning skills, self-confidence and self-esteem.

Ages: 6-12 **Time:** 10:45am-12:45pm **Fees:** R: \$150 / NR: \$160

Fun With Cartooning Elementary Camp

Activity #382016-J

August 23-27

Learning to draw can be fun, especially when we create silly characters, funny expressions and drawing sequences that tell a joke! This innovative step-by-step drawing method engages children, their sense of humor and their vivid imaginations.

Ages: 6-12 **Time:** 1-3pm **Fees:** R: \$150 / NR: \$160

Location: Falls Church Community Center Art Room **Extended care is not available for these camps.**

Blast Into The Past History Camp Ages 8 –12

Step back into the 19th century and enjoy a week of old-fashioned fun activities within the setting of the historic 1845 Cherry Hill farmhouse. Children will play games, dress in period clothing, cook, become amateur archaeologists and learn about life in 19th century rural Virginia.

Location: Cherry Hill Farmhouse, 312 Park Ave.

381801-B June 28-July 2 381801-E July 19-23

Times: 9am-3pm

Fees: R: \$205/ NR: \$215

AM Extended Care: 389993-B, E 7-9am \$28 **PM Extended Care:** 389994-B, E 3-6pm \$38



Science & Cooking Camps

Sciensational Workshops Ages 6-12

Sciensational Workshops are offered as morning and afternoon sessions. Campers registered for both the morning and afternoon sessions will be supervised during the camp break at no cost. For further information, please visit http://www.sciensational.net/home

The Mouse - The Wall Hugging Robot- The Mouse is sleek, smart, and simply amazing. It has two motors and a three speed gearbox. It can feel its way along walls and around corners. We will show you how you can take your amazing Mouse home and make a maze for it to go through.

384002-B June 28-July 2 9am-12 noon Ages 7 - 12

The All-Terrain Tracker Workshop - Build and take home your very own All-Terrain Tracker Vehicle! It travels the rough terrain overcoming objects in its path. Sand stones, twigs, and balls will all be part of the challenge. Work in a group as you design a robot you can control. Build a sumo wrestler and join our battle box events.

384003-B June 28-July 2 12:45-3:45pm Ages 7 - 12

Harry Potter - Join Our Magical Mystery Tour - All aboard for lots of hands-on fun. Play quidditch, write with invisible ink and make an edible wand. We will brew some fantastic potions to drink. Let's create and watch some fantastic chemical reactions. Watch a mirage appear. Harry, Ron, and Hermoine are waiting for you!

384002-D July 12-16 9am-12 noon Ages 6 - 11

Can You Dig It? - Archaeology and Paleontology seem like big words to kids. Sciensational Workshops for Kids makes them come alive. Campers will partake in a simulated fossil excavation, uncovering the different bones of a dinosaur. Each child will then assemble the bones to form a completed 3-dimensional dinosaur to take home.

384003-D July 12-16 12:45-3:45pm Ages 6 - 11

Chemical Magic - Magical Microscopes - Rocks and Minerals - Learn to make batteries from fruits or potatoes. Make a fantastic crystal tree. Work with invisible ink and powerful magnets. Look at our prepared slides using our microscopes. Learn about the different types of rocks and minerals from our rock and mineral collection. Make dirty pennies turn clean and clean pennies turn green.

384002-F

July 26-30

9am-12 noon

Ages 6 - 11

Maglev Cars - Magnetic Levitation for Future Transportation - Build your own "futuristic Maglev" car to race and take home. Learn about the relationship between magnetism and electricity. You will also get to build a simple maglev track as well as an electromagnet. Make your own compass and more!

384003-F July 26-30 12:45-3:45pm Ages 7 - 12

Blowfish Robocraft - Build a Robotfish with big, puffy cheeks! Watch it as it moves in our miniature pool. Our Blowfish Robocraft is propelled forward by a left/right moving tail fin. Learn about gears and circuits as you have fun building it. Your Blowfish Robocraft has a motor and you will learn how it works. You will also get to design and build other robots that can perform many tasks.

384002-H August 9-13 9am-12 noon Ages 7 - 12

Advanced Robotics -The Ultimate Experience - Children will build and take home the Jungle Robot, an advanced level robot. Learn how different types of gears mesh and are driven by a motor. Connect the motor, battery and microphone to a circuit board, which will program your sound activated (clap of the hand) robot. Working in small groups, you'll build different robotic creatures and vehicles.

384003-H

August 9-13

12:45-3:45pm

Ages 7 - 12

Fee: R: \$160/ NR: \$170 Location: Falls Church Community Center Art Room

Extended Care: AM: 389993-B, D, F, H 7-9am \$28 **PM:** 389994-B, D, F, H 3-6pm \$38

Extended Care Location: Falls Church Community Center

Creative Cooking with Tiny Chefs Ages 3-8

Aspiring little chefs will learn the basics of cooking using bake and no-bake recipes. Sessions will focus on how to follow a recipe, measure ingredients, and create tasty treats! Each class is completely interactive, and each child will receive their very own apron, chef hat and cookbook of everything they make. As our masterpieces are cooking the children will play and learn about nutrition and food safety through games and activities.

382012-C July 6-9* (**no camp July 5**) Ages 3-4 10am-12 noon R: \$120 / NR: \$130 **382013-E** July 19-23 Ages 5-8 9am-3pm R: \$240 / NR: \$250 **382012-I** August 16-20 Ages 3-4 10am-12 noon R: \$150 / NR: \$160

Location: Falls Church Community Center Art Room

AM Extended Care: 389993-E 7-9am \$28 PM Extended Care: 389994-E

Extended Care Location: Falls Church Community Center

There is no extended care for sessions C and E.

Advanced Cooking with Gourmet Chefs Ages 9-13

3-6pm

Gourmet Chefs will focus on using knife skills, zesting, peeling, coring, pan frying and sautéing. Each class is completely interactive. Each child will receive their very own apron, chef hat and cookbook of everything they make. As our masterpieces are cooking, the children will play and learn about nutrition and food safety through games and activities.

Location: Falls Church Community Center Art Room

382014-G August 2-6 Ages 9-13 9am-3pm R: \$240 / NR: \$250

AM Extended Care: 389993-G 7-9am \$28 **PM Extended Care:** 389994-G 3-6pm \$38

Adventure Camps

Teen Excursion Camps Rising 6th-9th graders

Economy Saver Teen Excursion Week

Rising 6th-9th graders will travel to different exciting destinations each day of the week! Campers will visit Six Flags Amusement Park, Splashdown Water Park, tubing, experience a challenge course and spend a day swimming at the beach. An information packet is available at the time of registration. All trips are subject to change. Alternate trips will take place in the event of inclement weather.

When: 383201-B June 28-July 2 383201-H August 9-13

Time: 9am-5pm— depending on activity

Fees: R: \$300 / NR: \$310

Location: Departs from and returns to the Falls Church

Community Center. **Extended Care:**

389993-B, H 7-9am \$28 389994-B, H 3-6pm \$38

Extended Care Location: Falls Church Community Center

Teen Excursion Camp

Rising 6th-9th graders will travel to different exciting destinations each day of the week! Activities may include a ropes course, tubing, sailing, kayaking and a trip to Kings Dominion. An information packet is available at the time of registration. All trips are subject to change. Alternate trips will take place in the event of inclement weather.

When: 383201-F July 26-30 Time: 9am-5pm— depending on activity

Fees: R: \$375 / NR: \$385

Location: Departs from and returns to the Falls Church

Community Center. **Extended Care:**

389993-F 7-9am \$28 389994-F 3-6pm \$38

Extended Care Location: Falls Church Community Center



Water Works Teen Excursion Week

Rising 6th-9th graders will spend a week in the water! Campers will go canoeing, tubing, visit Splashdown Water Park, Six Flags and more. An information packet is available at the time of registration. All trips are subject to change. Alternate trips will take place in the event of inclement weather.

When: 383201-J August 23-27
Time: 9am-5pm— depending on activity

Fees: R: \$375 / NR: \$385

Location: Departs from and returns to the Falls Church

Community Center. **Extended Care:**

389993-J 7-9am \$28 389994-J 3-6pm \$38

Extended Care Location: Falls Church Community Center

Adventure Links Ages 8-14

Our ULTIMATE ADVENTURE CAMP is designed as an active, engaging series of adventure activities that immerse your child in their camp experience. CAVING, ROCK CLIMBING, PADDLING, PRIMITIVE TECHNOLOGY, and bonding on the CHALLENGE COURSE are chosen for their unique ability to challenge each child in a fun way and bring youth together in a new environment, fostering friendships, life lessons and character growth. Even return campers will find this camp one they want to do over and over!

 When:
 383301-A
 Ages 8-10
 June 21-25

 383302-A
 Ages 11-14
 June 21-25

 383301-E
 Ages 8-10
 July 19-23

 383302-E
 Ages 11-14
 July 19-23

Time: 8am-5pm

Fees: R: \$420 / NR: \$430

Location: Van will depart and return to the Falls Church

Community Center. **Extended Care:**

389993-A, E 7-8am \$28 389994-A, E 5-6pm \$38

Extended Care Location: Falls Church Community Center



Inner Quest Ages 10-16

Explore the great outdoors in this exciting adventure camp. The Inner Quest camp is a five-day mobile camp for the new and experienced adventurer. Each day will bring a new activity: Rock Climbing, Rappelling, Canoeing, and Challenge Course (high elements - Zip Wire, Giant Swing and low elements). Individualized instruction, skill development, teamwork and Fun are the focus of the camp!

When: 383101-G August 2-6 383101-I August 16-20

Time: 8am-4pm

Fees: R: \$395 / NR: \$405

Location: Van will depart from and return to the Falls Church

Community Center.

Extended Care:

389993– G, I 7-8am \$28 389994– G, I 4-6pm \$38

Extended Care Location: Falls Church Community Center

Civil War Excursion Camp Ages 8 & up

Visit the homes of spies, follow the trail of the Lincoln conspirators and visit Civil War battlefields in this new and exciting camp. Excursions will take us to well known sites, as well as those off the beaten path. Cost includes all museum entrance fees.

When: 381802-H August 9-13

Time: 9am-3pm

Fee: R: \$225 / NR: \$235

Location: Camp will depart from and arrive to the Cherry Hill

Farmhouse, 312 Park Ave.

Extended Care:

389993-H 7-9am \$28 389994-H 3-6pm \$38

Basketball Camps

Mustang High School Basketball Skills Rising 8th-12th graders

High level skills camps run under the direction of the boys and girls GMHS basketball coaches. These camps are designed for players that have High School level basketball aspirations. Camps will cover both offensive and defensive skill sets and will help prepare all participants for a higher level of basketball. Camps will cover position breakdown, drill work and game situations.

When: 381203-A **Boys Only** June 21-25 **When:** 381208-A **Girls Only** June 21-25

Time: 10am-3pm Fees: R: \$150 / NR: \$160

Location: George Mason High School Gym

Extended Care:

389991-A 7-9am \$33 389992-A 3-6pm \$43

Extended Care: Falls Church

Community Center



Mark Vincent Basketball Ages 7-15

Mark Vincent basketball camp includes instructional sessions that focus on each fundamental of the game. A lecture and demonstration is presented prior to each fundamental skill practice. The main emphasis is player development. Therefore, all games will emphasize each fundamental concept that was taught. This camp creates a learning environment for each player.

When: 381210-H Boys Only August 9-13

Time: 9am-3pm

Fees: R: \$200 / NR: \$210

Location: George Mason High School Gym

Extended Care:

389991-H 7-9am \$33 389992-H 3-6pm \$43

Extended Care: Falls Church Community Center



Giant Basketball Academy Ages 6-14

Former Washington Wizards and New Jersey Nets player Gheorghe Muresan and his coaches will teach the fundamentals of basketball. This camp will feature 1-on-1 skills, shooting, team play, defensive positioning, speed drills and competitions to further develop all-around players.

Ages 7-13

When: 381207-A Boys and Girls June 21-25 Location: Mary Ellen Henderson Middle School Gym

Ages 6-14

When: 381204-D **Boys only** July 12-16

Location: George Mason High School Gym

Time: 9am-3pm

Fees: R: \$200 / NR: \$210

AM Extended Care:

389991-A, D 7-9am \$33

PM Extended Care:

389992-A, D 3-6pm \$43 **Extended Care:** Falls Church

Community Center



Mustang Basketball Camps Ages 8-13

This camp is presented by the George Mason High School Varsity Basketball Coaches and is designed for campers who want to improve their basketball skills. Campers receive a tee-shirt and a basketball.

 When:
 381211-B
 Girls Only
 June 28-July 2

 381212-C
 Boys Only
 July 6-9*

 381211-D
 Girls Only
 July 12-16

 381212-E
 Boys Only
 July 19-23

Time: 9am-3pm

Fees: R: \$175 / NR: \$185 (Session C: R: \$145 / NR: \$155)

Location: George Mason High School Gym

Extended Care:

389991-B, C, D, E 7-9am \$33 389992-B, C, D, E 3-6pm \$43 **Extended Care:** Falls Church Community Center

*There is no camp on July 5th.



Washington Mystics Ages 5-16

The Washington Mystics Youth Summer Camp offers boys and girls the opportunity to learn from their favorite current and former Mystics players, coaches, and staff in a fun and positive environment. Regardless of your skill level, the Mystics Camp is a perfect fit. Each camper will receive a t-shirt, drawstring backpack, complimentary ticket to a 2010 Mystics home game, and much more.

Time: 9am-1pm Fees: R: \$210 / NR: \$220 When: August 23-27

Activity #: 381209-J Location: Falls Church Community Center

Extended Care: 389993-J 7-9am \$28 389995-J 1-6pm \$58



Soccer Camps

First Kicks British Soccer Camp Ages 3-4

A friendly, low-key introduction to the basics of soccer through ball familiarization, games and FUN! British Soccer professionals patiently encourage players to take their first steps in soccer in a way your child will love! Camp includes a soccer ball, t-shirt, player evaluation and gift.

When:

381303-B June 28-July 2 381303-D July 12-16 381303-E July 19-23 381303-G August 2-6 381303-I August 16-20

Time: 10:45-11:45am **Fees:** R: \$78 / NR: \$88

Location: George Mason High School Fields

Extended care is not available for this camp

British Soccer Player Development Program Ages 6-16

This program, coached by a specialized British Soccer instructor, provides technical and tactical instruction, placing emphasis on skill development, fundamental tactical awareness, and FUN. Bring cleats and water bottle daily. Camp includes a soccer ball, t-shirt, player evaluation, and gift.

When:

381305-B June 28-July 2 381305-D July 12-16 381305-E July 19-23 381305-G August 2-6 381305-I August 16-20

Time: 9am-12 noon **Fees:** R: \$140 / NR \$150

Location: George Mason High School Fields

AM Extended: 389991-B, D, E, G, I 7-9am \$33 **Extended Care Location:** Falls Church Community Center

PM care is not available for this half day camp.



Minisoccer British Soccer Camp Ages 4-6

A unique way for 4-6 year olds to learn the fundamentals of the game. Fun games, competitions and challenging skill building activities taught in small groups by British Soccer professionals will captivate and enlighten your child. Camp includes a soccer ball, t-shirt, player evaluation and free gift.

When:

381304-B June 28-July 2 381304-D July 12-16 381304-E July 19-23 381304-G August 2-6 381304-I August 16-20

Time: 9-10:30am

Fees: R: \$104 / NR: \$114

Location: George Mason High School Fields

Extended care is not available for this camp

Advanced British Soccer Camp Ages 8-16

Designed for players who are serious about the game. This professional instructional program focuses on individual skill development, game-related techniques, tactical development, and coached match play. All programs are conducted by qualified British Soccer coaches. Bring cleats, lunch and water bottle daily. Camp includes a soccer ball, t-shirt, player evaluation and gift.

When:

381406-B June 28-July 2 381406-D July 12-16 381406-E July 19-23 381406-G August 2-6 381406-I August 16-20

Time: 9am-3pm

Fees: R: \$195 / NR: \$205

Location: George Mason High School Fields

AM Extended Care: 389991-B, D, E, G, I 7-9am \$33 PM Extended Care: 389992-B, D, E, G, I 3-6pm \$43 Extended Care Location: Falls Church Community Center



Multi Sport Camps

Virgil Seay Sports and Activities Camp Ages 8-14

Former Washington Redskin Wide Receiver Virgil Seay will host his Sports and Activities Camp for the 9th consecutive year. This camp will offer boys and girls an opportunity to participate in Indoor Soccer, Basketball, Volleyball, Flag Football, Floor Hockey and Soccer. This camp will allow each camper a chance to improve individual skills, develop team concept and leadership role while fostering good sportsmanship. The campers will build their self-confidence in a semi-competitive environment with staff members who specialize in the various sports.

Soccer and Flag Football June 21-25 381404-A Basketball, Soccer and Flag Football June 28-July 2 381404-B

Basketball, Volleyball Indoor Soccer and Floor Hockey

381404-C July 6-9* (no camp July 5)

Flag Football, Basketball and Soccer

381404-D July 12-16

Time: 9am-3pm **Fees:** R: \$150 / | R: \$150 / NR: \$160 (Session C: R: \$125 / NR: \$135)

Location:

Session A: George Mason High School Fields Sessions B-D: Mary Ellen Henderson Gym

AM Extended Care: 389991-A, B, C, D \$33 7-9am PM Extended Care: 389992-A, B, C, D 3-6pm \$43 Extended Care Location: Falls Church Community Center

Camp Olympia Sports Camp Ages 8-14

This popular instructional sports camp teaches children ages 8-14 a variety of sports including twice daily swimming (one instructional swim and one free swim), horseback riding lessons four times per week, soccer and basketball drills and games, tennis instruction, gymnastics, track and field and much more. The schedule changes daily and depends on the weather. On Thursdays, a sophisticated and highly supervised "hide and seek" game called "Camp Game" is played! All children need to wear shorts and tennis shoes for sports activities and bring a bathing suit and towel for swimming. Those who would like to ride need long pants and smooth, hard soled shoes (NO tennis shoes or hiking boots). This camp is held at 5511 Muncaster Mill Rd. Rockville, MD 20855

When: 383004-G August 2-6

Fees: R: \$450 / NR: \$460

8am-5pm (on-site activity hours: 9:30am-3:30pm) Location: Departs from Falls Church Community Center Lobby

AM Extended Care: 389993-C 7-8am PM Extended Care: 389994-C \$38 5-6pm Extended Care Location: Falls Church Community Center





Shooting Stars Tot Sports Camp Ages 5-8

Children ages 5-8 will get a "kick" out of this fun packed camp designed to "ignite a passion for sports." Creative games. competitions and challenging skill building activities will captivate and enlighten your children as they work on improving their kicking, running, jumping and throwing skills. All campers will participate in a variety of sports such as soccer, basketball, whiffleball, and floor hockey.

June 28-July 2 When: 381402-B

> 381402-C July 6-9* (No camp July 5)

381402-D July 12-16**

Time: 9am-1pm

R: \$100 / NR: \$110 (Session C is R: \$80 / NR: \$90)

George Mason High School Gym

**Session D will be located at the Falls Church Community Center

AM Extended Care: 389991-B, C 7-9am \$33 AM Extended Care: 389993-D \$28 7-9am PM extended care is not available for this half day camp. Extended Care Location: Falls Church Community Center

All American Sports Camp **Ages 6-12**

Get active and have fun this summer at the ultimate sports camp. The camp is set up to appeal to campers ages 6-12 who want to have fun and experience a variety of sports such as soccer, basketball, flag football, volleyball, whiffleball, and floor hockey, in addition to other sports and physical education activities. We want campers to have fun and develop self esteem, confidence, and a positive attitude while being active.

When: 381401-E July 19-23 381401-F July 26-30 381401-G August 2-6 381401-H August 9-13 381401-I August 16-20

Time: 9am-3pm

Fees: R: \$155 / NR: \$165

Location: Mary Ellen Henderson Gym

AM Extended Care: 389991-E, F, G, H, I 7-9am \$33 PM Extended Care: 389992-E, F, G, H, I 3-6pm Extended Care Location: Falls Church Community Center

More Sports

Mustang Baseball Camp

Ages 8-13

Are you a baseball player looking to work on your skills? Directed by the George Mason High School Varsity Coach, campers will learn skills in fielding (infield and outfield), hitting, base running, and game situations. This camp is designed for boys and girls ages 8-13. Each participant receives a tee-shirt.

When: 381001-A June 21-25

Time: 9am-3pm
Fees: R: \$175 / NR: \$185
Location: George Mason

High School Fields

Extended Care:

389991-A 7-9am \$33 389992-A 3-6pm \$43

Extended Care Location: Falls Church Community Center



Youth Football Camp Ages 6-12

Campers can participate in a non-contact, fundamental football camp designed to improve a child's beginning, intermediate, or advanced skill level. Campers will learn all positions on offense, defense and special teams. This camp is designed for boys and girls ages 6-12.

When: 381006-C July 6-9*(no camp July 5)

Time: 9am-3pm

Fees: R: \$124 / NR: \$134

Location: George Mason High School Fields

Extended Care:

389991-C 7-9am \$33 389992-C 3-6pm \$43

Extended Care Location: Falls Church Community Center



Golf Camp Ages 8-17

Every Body Golf School offers our popular Junior Camps. Junior Camps feature certified instruction for boys and girls, ages 8-17. Campers learn putting, chipping, irons, woods, sand play, rules, etiquette, and course management. All campers receive a diploma water bottle, tee-shirt, hat, logo ball, tees, green repair tool, ball marker, and snacks. Loaner clubs provided. You will travel by bus to the Golf School at 3200 Jermantown Rd, Oakton, VA 22124. The van will depart from and return to the Falls Church Community

Center. (*No camp July 5)
When: 381601-C July 6-9*

Time: 9am-3pm

Fees: R: \$350/ NR: \$360

Extended Care:

389993-C 7-9am \$28 389994-C 3-6pm \$38 **Extended Care Location:** Falls Church

Community Center



All Star Legacy Cheer Camps

Mini Cheer Ages 3-5

We have structured this camp specifically for this age range. We will teach students the fundamentals of cheerleading. This includes motions, jumps, dance, chants, stunts and tumbling. Everything we do revolves around balance and coordination. We will focus our energy on making sure your child has fun in a safe environment.

When: 380225-A June 21-25

380225-D July 12-16 380225-H August 9-13

Time: 9am-12 noon **Fees:** R: \$140 / NR: \$150

Location: Falls Church Community Center Dance Studio

There is no extended care for this camp

Youth Cheer

Ages 6-10

Everyone wants to cheer on the sideline at a football game! Now, get that experience a little early with our Summer Camp! We will cover every aspect of cheer including stunts, tumbling, dance, motions, chants, jumps and cheers! This is a great way of getting ready for cheer season. We look forward to working closely with YOU!!

When: 380226-D July 12-16 380226-E July 19-23

380226-H August 9-13

Time: 1-4pm

Fees: R: \$140 / NR: \$150

Location: Falls Church Community Center Dance Studio

There is no AM Extended care for this camp

PM Extended Care: 389994-D, E, H 4-6pm \$38

Junior Cheer

Ages 11-14

High School Cheerleading is right around the corner. It is important that you get the proper instruction before you walk into tryouts. Our experienced staff will be sure to give you the best chance of making the squad of your choice. We will have a mock tryout at this camp! We will cover all the fundamentals. Everything you will learn in HS cheer (and more) is here in an introductory camp. Tumbling is included. Come ready to learn. Attire is gym clothing with sneakers.

When: 380227-C July 6-9* (no camp July 5)

380227-F July 26-30

Time: 9am-3pm

Fees: R: \$220 / NR: \$230

Location: Falls Church Community Center Dance Studio

Extended Care:

389993-C, F 7-9am \$28 389994-C, F 3-6pm \$38



Tennis & Horseback Riding

First Serve Tennis Academy Ages 4-18

FirstServe Tennis Academy provides first-rate instructional tennis programs for all ages! Certified instructors teach tennis techniques in a supportive, friendly, and fun environment that fosters student improvement and achievement. The student to instructor ratio for camps is 6:1, except the Player Development and tot camps which is 4:1. Students should bring water and tennis rackets to every session! Fridays are rain date/ optional play days.

Intro to Tennis Camp (ages 4-6)

This camp introduces tots to tennis through fun games and activities designed to build eye and hand coordination and familiarity with the tennis ball and racket. Parents are encouraged to stay with their child at the court site.

When: 381901-A June 21-24 381901-B June 28-July1 381901-D July 12-15 381901-C July 6-8* 381901-E July 19-22 381901-F July 26-29 381901-G August 2-5 381901-H August 9-12 381901-l August 16-19 381901-J August 23-26

Time: 8:30-9:15am; Monday-Thursday

Fees: R: \$72 / NR: \$82 (Session C: R: \$54 / NR: \$64)

Tennis I Fundamentals Camp (ages 6-10)

Through skill-building games, beginners learn fundamental strokes. Players will be grouped by age and/or ability.

When: 381902-A June 21-24 381902-C July 6-8*

381902-E July 19-22 381902-G August 2-5

381902-I August 16-19

Time: 9:30am-12 noon; Monday-Thursday

Fees: R: \$180 / NR: \$190 (Session C: R: \$135 / NR: \$145)

Tennis II Intro to Competitive Tennis Camp (ages 7-10) Intermediate players apply their tennis fundamentals to match play

with emphasis on the serve, return of serve, and tennis rules.

When: 381905-A June 21-24 381905-C July 6-8*

381905-E July 19-22 381905-G August 2-5

381905-I August 16-19

Time: 9:30am-12 noon; Monday-Thursday

Fees: R: \$180 / NR: \$190 (Session C: R: \$135 / NR: \$145)

Tennis I Fundamentals Camp (ages 10-13)

Through fun skill-building games beginners and intermediates learn the fundamental strokes with emphasis on the serve, return of serve, score keeping, and tennis rules.

When: 381906-B June 28-July 1 381906-D July 12-15

381906-F July 26-29 381906-H August 9-12

381906-J August 23-26

Time: 9:30am-12 noon; Monday-Thursday

Fees: R: \$180 / NR: \$190

Tennis II Intro to High School Tennis Camp (ages 10-13)

Stroke production drills combine with match play tactics and strategies to prepare players for high school competition.

When: 381908-B June 28-July 1 381908-D July 12-15

381908-F July 26-29 381908-H Aug 9-12

381908-J August 23-26

Time: 9:30am-12 noon; Monday-Thursday

Fees: R: \$180 / NR: \$190

Tennis III Competitive Player Development Camp (ages 13-18)

Players apply strategic decision-making and tactical drilling concepts to singles and doubles match play. Ideal for players looking to make the high school team and high school team players looking to reach the next level. Player: coach ratio is 4:1.

When: 381907-B June 28-July 1 381907-D July 12-15 381907-F July 26-29 381907-H Aug 9-12

381907-J August 23-26

Time: 4-5:30pm; Monday-Thursday

Fees: R: \$120 / NR: \$130

*There are no camps on Monday, July 5.

Location: George Mason High School Tennis Courts Extended Care is not available for Tennis Camps

Clay Hill Horseback Riding Camp Ages 9-14

Campers ages 9-14 are assigned a horse to take care of and learn to ride. Children will have lessons in safety and horse grooming and management, i.e. general care, grooming, leading, saddling, bridling, washing, clipping, mucking, tack care, mounting, and dismounting, correct position at the walk and trot for beginner riders. Advanced riders will practice cantering and jumping. Campers will need long pants and hard-soled shoes with ½ to 1 inch heels. Release forms are required. This camp features a horse show and splash party on Fridays. This camp is held at 9911 Ardmore Rd. Springdale, MD 20774. Transportation is provided from the Falls Church Community Center

When: 383002-D July 12-16

383002-IAugust 16-20 R: \$435 / NR: \$445

Time: 8am-5pm (on-site activity hours: 9am-3:30pm)

Location: Departs from and returns to the Falls Church

Community Center

Fees:

AM Extended Care: 389993-D, I 7-8am \$28 **PM Extended Care**: 389994-D, I 5-6pm \$38

Extended Care Location: Falls Church Community Center



Camp Olympia Horseback Riding Ages 8-14

This instructional horseback riding camp for children ages 8-14 provides eight rides per week, swimming twice a day, plus other sport activities. Campers 10 and above will have opportunities for various unmounted horse activities such as grooming, unsaddling, cleaning tack, leading, bathing, plus general barn responsibilities. Children ages 8 and 9 will only have unmounted activities on Thursdays. There will be no horseback riding on Thursdays. Instead, all children will have unmounted activities and play the ever popular "Camp Game" a sophisticated, highly supervised hide and seek game. Children ages 10 and above who wish to, could participate in other camp activities in lieu of unmounted activities. All campers need to have long pants and smooth, hard soled shoes for riding (NO tennis shoes or hiking boots), swimming suit and towel for swimming, and shorts and tennis shoes for all other activities. This camp is held at 5511 Muncaster Mill Rd. Rockville, MD 20855. Transportation is provided from the Falls Church Community Center

When: 383003-G August 2-6

Time: 8am-5pm on-site activity hours: 9:30am-3:30pm

Fees: R: \$570 / NR: \$580

Location: Departs from and returns to the Falls Church

Community Center

AM Extended Care: 389993-G 7-8am \$28 **PM Extended Care**: 389994-G 5-6pm \$38

Fencing, Karate & Fishing Camps

Virginia Academy of Fencing Ages 9 & up

Parents must take their children to the Virginia Academy of Fencing. There is no extended care for this camp. A registration form must be completed, and an equipment rental fee of \$29 payable to VAF is due on the first day of camp. Register for both sessions in one day and the equipment fee will be waived for the second camp.

Phone: 703-321-4922

Olympic Sport Fencing: Foil, Sabre, and Epee

Known as "the physical game of chess" and the fastest martial art, fencing provides a tremendous physical and mental workout. A fencer's goal is to hit the opponent on a valid target without being hit. All movements include handwork, footwork, and strategy formulation. Reflexes, speed, and cunning are integral parts of this sport which is excellent for building coordination, balance and agility. Protective masks, jackets and safety tipped swords are used to make fencing one of the safest sports for adults and children alike. A waiver must be signed by a parent/legal guardian on the first day.

When:	381701-A	June 21-25	9am-12 noon
	381702-B	June 28-July 2	12:30-3:30pm
	381701-D	July 12-16	9am-12 noon
	381702-E	July 19-23	12:30-3:30pm
	381701-F	July 26-30	9am-12 noon
	381702-G	August 2-6	12:30-3:30pm
	381701-H	August 9-13	9am-12 noon
	381702-l	August 16-20	12:30-3:30pm
	381701-J	August 23-27	9am-12 noon
	381702-K	August 29-Sept. 3	12:30-3:30pm

Fee: R: \$190 / NR: \$200

Historical Swordsmanship

Students will explore swordsmanship the way that is was originally practiced in the Medieval and Renaissance periods. Historical swordsmanship recreates the techniques used by fencers who lived before the modern sport was created. Safe wooden bamboo swords called shinais are used as well as protective masks, jackets and safety tipped foils. A waiver must be signed by a parent/legal guardian on the first day.

When:	381703-A	June 21-25	12:30-3:30pm
	381704-B	June 28-July 2	9am-12 noon
	381703-D	July 12-16	12:30-3:30pm
	381704-E	July 19-23	9am-12 noon
	381703-F	July 26-30	12:30-3:30pm
	381704-G	August 2-6	9am-12 noon
	381703-H	August 9-13	12:30-3:30pm
	381704-l	August 16-20	9am-12 noon
	381703-J	August 23-27	12:30-3:30pm
	381704-K	August 29-Sept. 3	9am-12 noon

Fee: R: \$190 / NR: \$200

Location: 5401-B Port Royal Rd., Springfield, VA Extended care is not available for fencing camps.



Karate

Ages 51/2 & up

Karate camp is fast paced, fun and exploding with excitement. Campers will receive prizes, badges and more. And don't forget along the way children will be introduced to other benefits that martial arts training offers such as concentration, awareness, balance, poise and more!

Ninja Ranger - A Warriors Call

Camp participants are thrust back in time to ancient Japan. They are among the nation's elite soldiers, who are summoned by the King to fight off the repetitive attempts of a hostile takeover by the King's enemies. Each day will emphasize a needed skill like: hand to hand combat, artillery, archery, camouflage & invisibility, battle strategy, war games and more!

When: 381407-A June 21-25 381407-J August 23-27

Time: 9am-3pm **Fees:** R: \$200 / NR \$210

Location: Falls Church Community Center Dance Studio

Martial Art Olympics

Are you looking for a fun way to see if your child would be interested in learning martial arts? Try the Martial Arts Olympics camp. Kids' love it because it's fun, fast paced, and unlike a regular class that may wait months to go to a tournament, they get a chance to use what they learn at the end of the week! They'll receive prizes awards, badges and more.

When: 381407-I August 16-20

Time: 9am-3pm

Fees: R: \$200 / NR \$210

Location: Falls Church Community Center Dance Studio

AM Extended Care:

389993-A, I, J 7-8am \$28

PM Extended Care:

389994-A, I, J 5-6pm \$38 **Extended Care Location:**

Falls Church Community Center



Virginia Fishing Adventures Ages 9-14

Campers learn the basics of fresh and saltwater fishing in nearby private ponds, rivers, and the Chesapeake Bay. Campers depart from the Falls Church Community Center Art Room and are driven by staff to the fishing location. Safety is our number one priority, so campers will wear lifejackets when in the water or on a boat. Virginia Fishing Adventures provides all food and drinks, bait and tackle, rods and reels, and lifejackets. No fishing experience necessary. For itineraries and more, visit

www.virginiafishingadventures.com or contact John Lipetz with any questions at 703-609-8083 or

jdlipetz@virginiafishingadventures.com **When:** 381705-D July 12-16 381705-H August 9-13

Time: 8:30am-4:30pm (return times may vary)

Fees: R: \$550 / NR: \$560

Location: Departs from and returns to the Falls Church

Community Center

Extended Care:

389993-D, H 7-8:30am \$28 389994-D, H 4:30-6pm \$38

Summer Camp Registration Information

Walk-in Registration Days and Time:

Registration is held at:

Falls Church Community Center 223 Little Falls Street Falls Church, VA 22046

City of Falls Church Residents Registration:

Monday, February 8, 2010

Non-City Residents Registration:

Tuesday, February 16, 2010

Falls Church Community Center Hours:

Monday-Thursday 8am-10:30pm
Friday 8am-12 midnight
Saturdays 8:30am-12 midnight
Sunday 12 noon-6pm (Jan-March)

Sunday 2-6pm (April-Dec)

Recreation & Parks Office:

Camp administrative support is provided by the Falls Church Recreation & Parks Division. For additional camp information, call 703-248-5077.

REGISTRATION INFORMATION IS ON PAGE 2

If your child has a disability or requires special attention for any reason, advanced notice is appreciated so that we may properly prepare.

Facility Locations

Falls Church Community Center 223 Little Falls Street

> Cherry Hill Farmhouse 312 Park Avenue

George Mason High School 7124 Leesburg Pike

Mary Ellen Henderson Middle School 7130 Leesburg Pike

Cancellation Policy:

The City of Falls Church Recreation and Parks Division reserves the right to cancel camps and programs for which there is insufficient registration. In addition, there is limited enrollment for all programs. Early registration prevents cancellations.

Refund Policy:

The Recreation and Parks Department will provide a full credit or refund for a camp if the camp is cancelled by the Department, or upon request when schedule or location changes made by the Department prohibit or limit an individual's ability to attend a camp.

For any reason other than those noted above, a "Request for Refund/Household Credit" form must be completed and submitted at least **two weeks** before the start of camp.

- •Requests for a refund made at least two weeks before the start of camp will be granted, less a 20% processing fee.
- •Requests for a credit made at least two weeks before the start of camp will be granted, less a 10% processing fee.
- •Requests less than two weeks before camp starts will **only** be granted for <u>medical reasons</u> (doctor's note required).
- •No refunds or household credits will be given if the request for such is submitted less than 2 weeks before the camp starts, nor after it has ended. This also applies to AM and PM Extended care.
- •Some camps have difference policies which are listed in their description.

Financial Aid:

Financial aid is available for City of Falls Church residents only. Forms are available in the main office or call 703-248-5077 for more information.

Camp Extended Care:

Extended care is located at the Falls Church Community Center and will be available for <u>most</u> camps. Please review individual camp descriptions for extended care availability, Time and cost. If the camp is not located at the Community Center, then transportation to and from extended care will be provided, unless otherwise noted. Additional fees will be charged for campers who are picked up later than 6pm.

WHAT TO KNOW ABOUT SUMMER CAMP!

Each child will need to bring a lunch with drink and an afternoon snack daily. There is no refrigeration. Campers will need to wear comfortable shoes, as well as clothes that can get dirty. Swimsuit and towel for swim days where applicable. Some camps are held outside for extended periods of time. Please have children wear and bring sun block. If a child needs to take medication, you must complete the proper paper work and give medication to the Camp Director! Medication forms are available at the camp site.

Accessibility Statement

The City of Falls Church does not discriminate on the basis of disability in its employment practices or in the admission to, access to, or operations of its services, programs, or activities. Letha Flippin, 300 Park Ave. Falls Church, VA 22046 has been designated to coordinate compliance with the ADA non-discrimination requirement. 703-248-5077 TTY 711

Falls Church Recreation & Parks Division 223 Little Falls Street Falls Church, VA 22046-4304 PRESORTED STANDARD MAIL US POSTAGE PAID FALLS CHURCH, VA PERMIT NO. 34

CITY OF FALLS CHURCH SUMMER CAMP BROCHURE

REGISTER ON-LINE! SEE DETAILS INSIDE! www.fallschurchva.gov

If you do not see what you are looking for, please check in with us as we may be adding camps!



